

Dear my future self,

Today's Date

.....

[illegible]

Writing a letter to your future self is a fun exercise that lets you reflect on your current life, as well as your goals and dreams.

Decide how old do you want your future self to be when you read this letter and store it somewhere save until then.

Sincerely,
Myself

○ ○ ○ ○ ○ ○ ○
s m t w t f s

Month: _____

Goal Planner

Vision

Mission

Strategy

Action Steps

○ ○ ○ ○ ○ ○ ○
s m t w t f s

Month: _____

Goal Setting

Start Date:

Deadline:

Goals

Why

Action Plan

What